



V Vegetarian VV Vegan GF Gluten Free VO Vegan Option

Dinner Menu

Share Plates

Crispy Edamame Gyoza, Scallion- Ginger- Tamari Vinaigrette 12 VV

Tomato Fennel Soup, Almond Feta Crouton 9 VV

Grilled Tofu, Lila's Dragon Sauce, Chinese Mustard, Cilantro Sauce 12 V/VO/GF

Roasted Yam Wedges, Harissa Spices and Mayo 11 VV/GF

Warm Gluten Free/Sugar Free Bread, Sea Salt and Vegan Butter 3.95 VV/GF

Salads

Choice of Organic Tofu, Organic Chicken Breast, Almond Falafel

Garden Salad: Avocado, Cucumber, Herbs, Seed Cracker, Sunflower Vinaigrette 15 VV/GF

Kale and Romaine Salad: Almond Feta, Crumbled Croutons, Caesar Dressing 17 VV

Macro Bowl: Chickpeas, Brown Rice, Fermenticious Sauerkraut, Avocado, Cucumber, Warm Kale, Togarashi, Turmeric-Tahini Vinaigrette 17 VV/GF

Main Plates

Vegetable Stir Fry: Miso Eggplant, Summer Squash, Carrots, French Green Beans, Baby Bok Choy, Kale, Brown Rice, Curry Sauce, Vegan Fish Sauce 23 *Choice of Organic Chicken or Organic Tofu, Almond Falafel* VV/GF

Med Bowl: Almond Falafel, Sprouted Mung Beans, Summer Squash, Quinoa Tabouleh, Cucumber, Dried Tomato, Garlic- Tahini Sauce, Naan Bread 23 *Choice of Organic Chicken or Organic Tofu* VV

Grilled King Mushrooms, Artichokes, Green Peas, Garlic, Black Pepper Tagliatelle Pasta, Cashew-Almond Cream VV 25 *Choice of Organic Chicken or Organic Tofu, Almond Falafel*

Burmese Noodle Bowl: Rice Noodles, Coconut-Chile Broth, Spinach, Cabbage, Lime, Cilantro, Red Onion, Vegan Fish Sauce 23 *Choice of Organic Chicken or Organic Tofu, Almond Falafel* VV/GF

Mushroom Burger, 'Cheese Sauce', Pub Bun, Quick Pickles, Lettuce, Tomato, Vegan Mayo. Mixed Lettuces 17 VV

Faroe Island Salmon, Gulf Shrimp, Broccoli, Mushrooms, Olive Oil, Lemon 27 GF

Roasted Airline Chicken Breast, Smokey Lacinato Kale, Jus 27 GF

Buffalo Filet Mignon, Broccoli, Potatoes 'Lyonnaise', Grilled Mushrooms, Jus 40 GF

Sides

Smokey Lacinato kale 8 VV/GF

Grilled Broccoli, Za'atar Spices 8 VV/GF

Roasted Fingerling Potatoes, Black Garlic-Truffle Sauce 8 VV/GF

